



3 DAYS | 6 VENUES 80⁺ SPORT & EVENTS FREE PARK AND RIDE

SANDTON CONVENTION CENTRE 15-15-17/12 2020

web tickets

WWW.ARNOLDCLASSICAFRICA.COM







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SOUTH AFRICA WELCOME

WE ARE PROUD TO PRESENT THE 5TH ARNOLD CLASSIC AFRICA 2020 IN SOUTH AFRICA

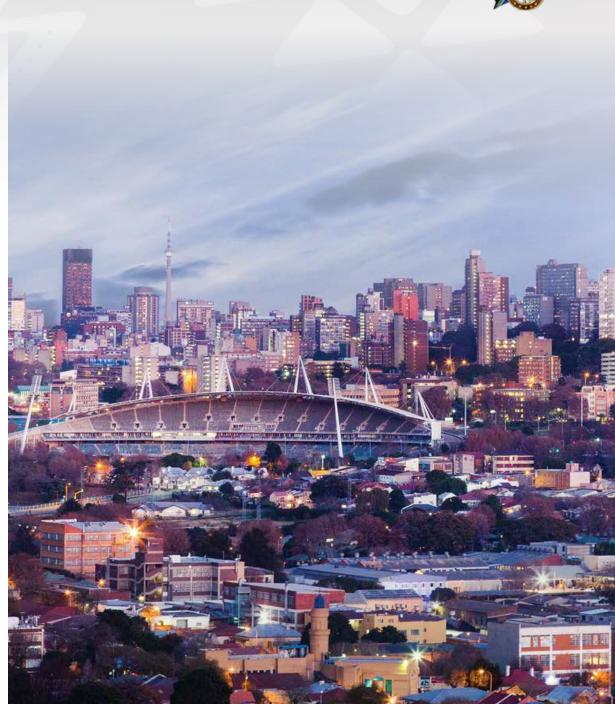
The biggest multi-sport event on the African Continent. This signature event is completely moulded, designed and delivered in conjunction with the ARNOLD CLASSIC INTERNATIONAL PARTNERSHIP EVENTS in South America, Asia and Europe and Australia. Athletes, spectators, fans both young and old can enjoy a complete multi-sport program involving more than 80+ sporting disciplines, exhibitions and championships as well as a Fitness and Lifestyle Expo dedicated to promise healthy lifestyles. This all takes place over six venues with Governor Arnold Schwarzenegger in the incredible Sandton Convention Centre, Johannesburg, Gauteng.

LOCATION

Johannesburg, Gauteng.

Arnold Classic Africa is to be held in the City of Gold, Johannesburg, the preferred location. The Gauteng Province is a prime destination and the official host province with one of the best climates in the world. Come summer or winter, the province generally experiences sunny, windless days that are perfect springboard for showcasing the pulse of South Africa's sporting hub.

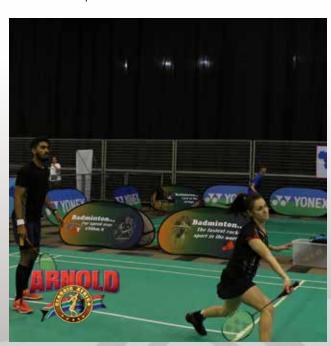




EVENT VENUES

The Sandton Convention Centre is one of South Africa's most prestigious and technologically advanced business, conference and event centres. Situated in northern Johannesburg, in the heart of Sandton's business, hotel and entertainment district, Sandton Convention Centre offers easy access to over 5 000 hotel rooms, is adjacent to the country's top shopping and entertainment complexes and provides nearly 11 000 secure parking bays. The centre is less than 5 minute walk from Sandton City Shopping Centre and the Sandton Gautrain Station. This provides easy and safe travelling from Pretoria, Midrand, OR Tambo International Airport and Rosebank.

Additionally, guests have easy access from the Gautrain Station into the SCC through Nelson Mandela Square.













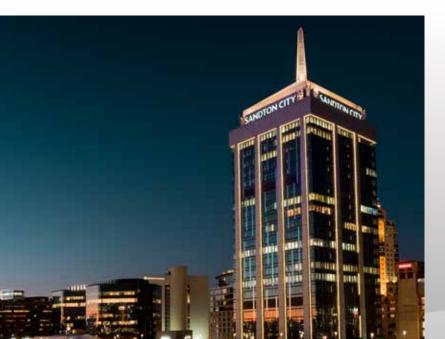




TRANSPORTATION

SANDTON CITY MALL

Imagine a place where the likes of Hugo Boss and Louis Vuitton, Carrol Boyes and Apple showcase their very best ranges; a place where you can sip on the world's finest coffee or enjoy a French croissant or a slice of local milk tart - all under one roof. If you can imagine it, then you've pictured Sandton City, one of Africa's leading and most prestigious shopping centres. Sandton City offers an unparalleled shopping experience that combines the world's most desirable brands with everyday leisure and entertainment. Situated in the prestigious Sandton Central Management District in northern Johannesburg. Sandton City is conveniently located within walking distance of the Sandton Gautrain station and within easy access from highways and main roads within Sandton CBD. With more than 300 leading local and international retailers, Sandton City is a one-of-a-kind premier fashion and leisure destination. It's an energetic hub of Afro-cosmopolitan glamour - international shopping with South African flair. Sandton City is owned by Liberty Group and Pareto Ltd and managed by JHI Retail.



OR TAMBO INTERNATIONAL AIRPORT

We have a team at the OR TAMBO International Airport to assist with any questions and queries. They will direct you to different transport options. Please ask for assistance at the Arnold Classic Africa information desk in the international arrival hall.

PUBLIC TRANSPORT

The Gautrain is a state-of-the-art rapid rail network in Gauteng. The rail connection comprises of two links, namely a link between Pretoria and Johannesburg and a link between OR Tambo International Airport and Sandton. Apart from the three anchor stations on these two links, seven other stations are linked by approximately 80 kilometers of rail along the route. Avoid traffic, leave early and use the Gautrain. (5min walk to SCC)

Three Anchor Stations:

- OR Tambo International Airport
- Pretoria
- Johannesburg.

The seven other stations:

- Rosebank
- Sandton
- Marlboro
- Midrand
- Centurion
- Hatfield
- Rhodesfield (Kempton Park)





Fiona Pieters can assist you with any travel and bookings if needed.

Fiona Pieters:

fiona.pieters@igocorporate.co.za





Arnold Classic Africa is in Partnership with Tsogosun. The following hotels are available at a special rate on the weekend of 15 - 17 May 2020. There is transport available between the hotels and venues.



Holiday Inn Sandton Breakfast included Arnold Classic Visitor rates available on www.arnoldclassicafrica.com



IC JHB Sandton Towers
Breakfast included
Arnold Classic Visitor rates available on
www.arnoldclassicafrica.com



Southern Sun Katherine Breakfast included Arnold Classic Visitor rates available on www.arnoldclassicafrica.com



Garden Court Morningside
Breakfast included
Arnold Classic Visitor rates available on
www.arnoldclassicafrica.com



Garden Court Sandton City Breakfast included Arnold Classic Visitor rates available on www.arnoldclassicafrica.com



Sandton Sun Breakfast included Arnold Classic Visitor rates available on www.arnoldclassicafrica.com

Free bus

Between venue's and listed Tsogo Sun hotels Your ACA ticket/wristband will allow you onto the free bus.



- Travel
- Bus
- Route
- Parking

To Follow soon





Aerial at the Arnolds (hoop and silk)

Archery Tag

Arm Wrestling

Arm vvresti Badminton

Baseball & Softball

Basketbal

Battle Heritage SA (FCMC)I

Beach Tennis

Beach Volleyball

Bodybuilding Amateur

Bodybuilding Pro

Boxina Pro

Canoepolo

Chess

Court Tennis

Cue Sport

DanceSport

Darts SA

Deaf Sport (EXHIBIT)

Equestrian

Family Fun Run

Fencing

Figure Skating

Fitness Marathon

Floor Hockey

Freestyle Football

Futsal (5 a side football)

Gauteng Night Run

Golf Classic

Golf activation

Hockey

Ice Hockey

Judo

Karting

Lacrosse

Handball

Indigenous Games

Karate South Africa

Majorettes

Martial Art x 5 styles

Obstacle Course Road

Piloxina

Pole Fitness at the Arnolds

Powerlifting

Ringball

Ringtennis / Tenniquads

Speed Skating

Artistic Skating

Static Rowing Marathon

Soccer

Special Olympics EXPO

Spinning Marathon

Touch Rugby

Strongman Amateur

Strongman Pro

Gauteng Aquatics

Tae Bo

Table Tennis

Team Chess

Teen Challenge

Tenpin Bowling (EXPO)

Throw Down (Cross Fit)

Underwater Hockey
Weightlifting

Zumba Kids

Zumba Kid

ACA Model Search

ACA Got Talent

Art Competiton

Arts And Culture talent A-Arts Festival Dance A-Arts Festival Vocal

A-Arts Festival Insturmental

A-Arts Festival Drama

Beauty Pageant / Teen Fitness

Body Painting

E- Sport (Ark Gaming)

Remote Control Drifting OneTen

Speed Cubes

Kids Entertainment

Lego's



TICKETS FOR FRIENDS AND FAMILY

Auditorium tickets (level 5)

AMATEUR BODYBUILDING: R150 per day R350 weekend

ELITE PRO BODYBUILDING & PRO STRONGMAN FINALS:

R300

R500 (Golden Circle)

ARNOLD SEMINAR:

R150

General Access tickets

ADULTS: R150 DAY PASS | R300 WEEKEND PASS **KIDS**: R20 DAY PASS | R50 WEEKEND PASS

GROUPS: 10 or more 15% discount

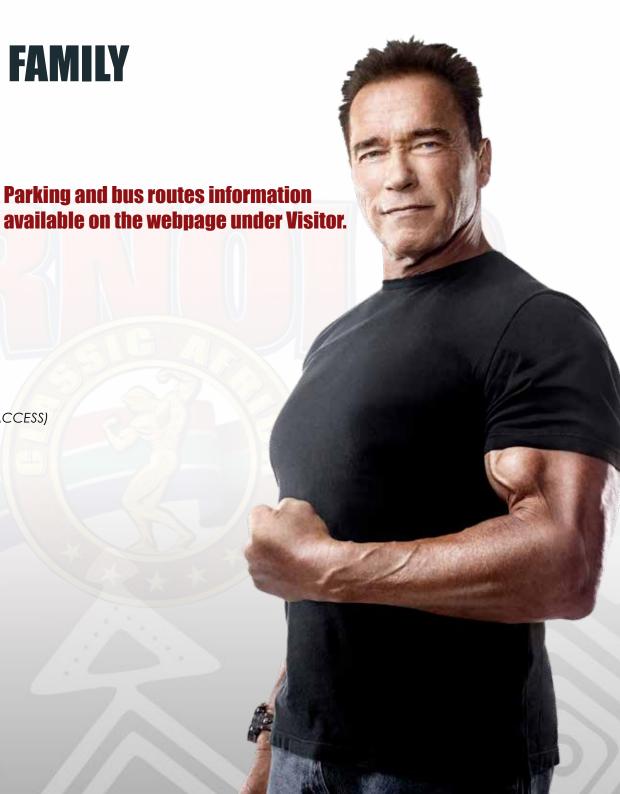
ACCESS TO SCC, EXPO, SPORT AND OTHER VENUES (NOT AUDITORIUM ACCESS)

Tickets available at Webtickets online.

Tickets also available at the gate entrance:

- Maud street entrance
- Alice Lane entrance
- Crawford College entrance





SOUTH AFRICA INFORMATION

1

ELECTRICAL CURRENT



230 V / 50 Hz, plug / socket type C / D / M / N. For more information visit http://www.worldstandards.eu/electricity/plug-voltage-by-country

TIME <u>DIFFR</u>ENCE



Standard Time Zone for Johannesburg: UTC/GMT + 2 hours. More info at: http://24time-zones.com/

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CURRENCY



The national currency in South Africa is SOUTH AFRICAN RAND (ZAR).
1.00 USD = 14.55 ZAR (as for Dec. 01st, 2019)
1.00 EUR = 16.20 ZAR (as for Dec. 01st, 2019)
Current rates at: http://ww-w.x-rates.com/table/?from=ZAR&amount=1
Banks for exchange availible at Airport & Mall

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VISAS



Holders of passports of many countries do not need visas to enter South Africa. See the list available at:

http://www.dha.gov.za/index.php/immigration-services/exempt-countries. Citizens of other countries need to apply for the visitor's visa.

3

ANGUAGE



South Africa has eleven official languages: Afrikaans, English, Ndebele, Northern Sotho, Sotho, Swazi, Tswana, Tsonga, Venda, Xhosa, and Zulu. English is recognised as the language of commerce and science and remains the de facto lingua franca of the nation (used to make communication possible between people who do not share a native language).



CLIMATE



During the month of May, the average daily temperature is 12.6° C (54.70F). Average high: 18.9° C (66.00F), average low: 7.2°C (45.00F). Average rainy days: 2.9 and relative humidity: 5.6° M



